

APPOINTMENT: Day _____ Date _____ Time _____

PATIENT INSTRUCTIONS

NO PREPARATION REQUIRED:

- Carotid
- Upper Limb Arteries / Veins
- Popliteal Entrapment Study
- Lower Limb Arterial & Venous
- Chronic Venous Insufficiency Mapping (CVI)
- Varicose Veins
- DVT
- Thoracic Outlet Study » Wear singlet or tank top for Thoracic Outlet Study.

ABDOMINAL:

Any abdominal scan requires fasting.

- Abdominal Aortic Aneurysm
- EVAR Surveillance
- Aortoiliac Arterial Duplex
- Visceral Doppler / Mesenteric Duplex
- Coeliac Artery / MALS
- SMA
- Renal Duplex
- Ovarian Venous Duplex
- Pelvic Vein
- Nutcracker
- Iliac Veins

PREPARATION:

Fast -

- » No fizzy drinks for 24 hours before scan.
- » Fast from midnight the night before the examination (no food, no smoking, no chewing gum), a small amount of water or fruit juice is allowed.
- » If your appointment is after 10:00am you may have half a cup of black tea.
- » All patients should take their usual oral medications with a small amount of water, except diuretics.
- » Optional if gassy - Take DeGas the night prior to the ultrasound.

Fast & Fill -

- » Fast from midnight the night before the examination.
- » Empty your bladder 1.5hrs before your appointment time, then drink 600ml of fluid. It can be water (with some flavouring if needed) or juice but NOT fizzy drinks or caffeinated drinks.
- » Do not empty your bladder until your scan.
- » On early arrival at the clinic, if you have the urge to empty your bladder, please let our receptionist or the sonographer know, but if you do not feel the urge, please drink another 100mls of fluid if you are waiting to be scanned.
- » After the scan we will instruct you to empty your bladder.

HOW TO GET THERE - GOLD COAST



📍 24 Hillcrest Parade
Miami, QLD 4220

Ph: 1300 388 000

We are located in the Specialist Centre at the rear of Miami Private Hospital.

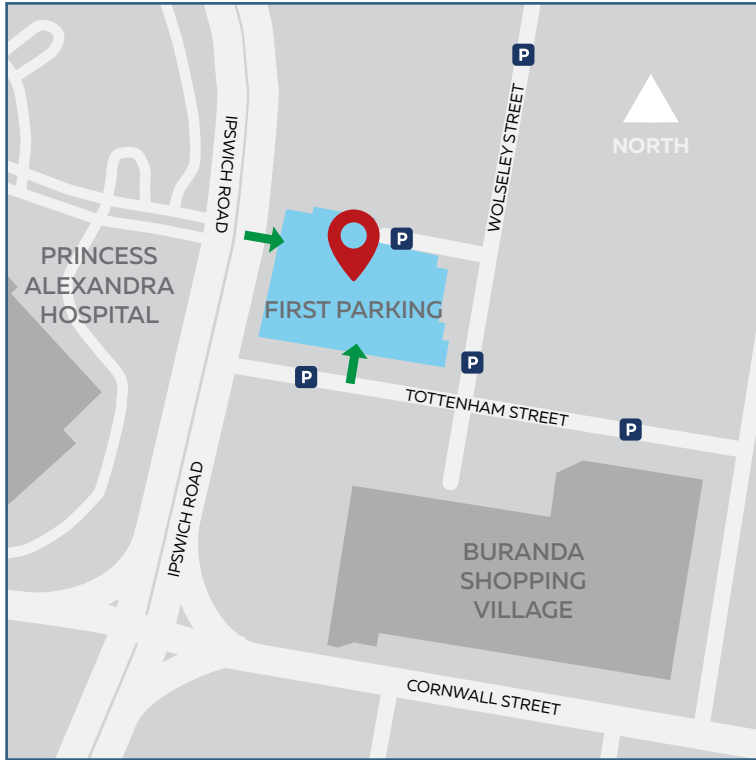
Please note: There is no right turn from PACIFIC AVENUE onto Hillcrest Parade.

The best route if you are travelling from the South is via Kedron Avenue.

If you are travelling from the North it is best to do a U-turn at the traffic lights on Gold Coast Highway at Pacific Avenue and then turn left at Kedron Avenue.

There is parking provided out front of the clinic, and you can find us via the entrance under the orange awning.

HOW TO GET THERE - BRISBANE



📍 Suite 14, Level 1
250 Ipswich Road,
Woolloongabba, QLD 4120
Ph: 1300 388 000

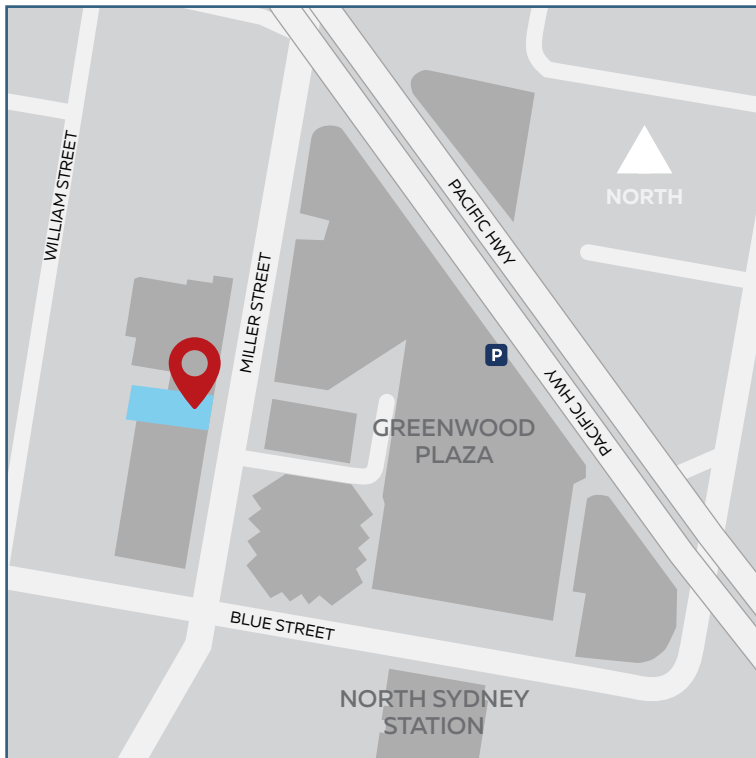
Our rooms are situated within the First Parking building. We are not located within the PA Hospital.

This is directly across the road from the Princess Alexandra Hospital and opposite the Buranda Shopping Village on Tottenham Street.

Paid parking is available on Tottenham Street and Wolsley Street, or in the public carpark above our practice, accessible via Wolsley Street.

Lifts to enter the building can be found on the Ipswich Road side of the building, next to Carter Capner Law. Alternative entry is via the stairs next to The Cutting Bar barber on the Tottenham Street side of the building (entrances are marked on the map with green arrows).

HOW TO GET THERE - SYDNEY



📍 Level 7, 44 Miller Street
North Sydney, NSW 2060
Ph: 1300 388 000

We are conveniently located in the hub of North Sydney CBD, opposite Greenwood Plaza. Please visit Greenwood Plaza website for details and car parking costs.

We are a 5 minute walk from North Sydney train station.